

## JULY TRIPS

Tickets on Sale: Members June 3, Non-Members June 10

### Miccosukee Bingo (Miami)

Try your hand at the video gaming machines, or a hand of poker. Then enjoy a delicious lunch followed by high stakes bingo.

**Date:** Thursday, July 7

**Time:** 11:30 a.m. - 6:00 p.m.

**Cost:** Members \$14 / Guests \$16

### Marlins vs. Cubs (N. Miami)

Come root for your home team & watch baseballs finest.

**Date:** Sunday, July 10

**Time:** 11:45 a.m. - 4:00 p.m.

**Cost:** Members \$17 / Guests \$19

### Calder Race Track (Miami)

Bet your horse to win, place or show.

**Date:** Monday, July 18

**Time:** 11:00 a.m. - 5:00 p.m.

**Cost:** Members \$3/ Guests \$5

## AUGUST TRIPS

Tickets on Sale: Members July 8, Non-Members July 15

### Edna Hibel & Burt Reynolds Museum lunch at Crab House (Jupiter)

Don't miss this chance to see the incredible work of Edna Hibel who is known as Florida's most famous artist & sculptor. Then onto the famous Crab House for a delicious lunch followed by a fascinating tour of the new Burt Reynolds Museum featuring mementos from Burt's film career & his personal life.

**Date:** Thursday, August 11

**Time:** 8:45 a.m. - 5:00 p.m.

**Cost:** Members \$ 39 / Guests \$ 41

### Calder Race Track (Miami)

Hear the horse's hoofs beating down the stretch, while you cheer on your horse to win.

**Date:** Monday, August 22

**Time:** 11:00 a.m. - 5:00 p.m.

**Cost:** Members \$3/ Guests \$5

### Marlins vs. Cardinals (N. Miami)

Don't miss the champion Marlins go head to head with the Cardinals.

**Date:** Wednesday, August 31

**Time:** 5:45 p.m. - 10:00 p.m.

**Cost:** Members \$17/ Guests \$19



Sunrise Senior Center  
10650 W. Oakland Park Blvd.  
Sunrise, FL 33351

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JUNE/JULY 2005

# SUNRISE SENIOR CENTER

10650 West Oakland Park Boulevard • (954)746-3670 • [www.sunrisefl.gov](http://www.sunrisefl.gov)

## Activities

### Programs & Special Events

Friday, June 3

#### Tea and Tour of Weston Regional Health Park

Join us from 10:00 a.m. to 12:30 p.m. for a tour of Weston Regional Health Park, one of North Broward Hospital District's local facilities. Light refreshments will be served. Call for available space. Cost is free.

Mondays

#### Beading Class - "DNA" Style Bracelet

Come one come all! Join beading expert June Suepaul on Mondays to learn how to design your own jewelry. You must bring 2 contrasting colors of size 8 seed beads, eye needles, matching silimide thread, 1 lobster claw with a ring, a pair of manicure scissors, beading board, & a bottle of clear nail polish. Class is free but you are required to bring your own supplies.

Wednesday, June 1

#### Remember When - A Summer Place

Do you remember sitting under a tree sipping a cold glass of lemonade? Carving your name in a tree? Or maybe the summer vacation you and your family shared while you were young? If you would like to be part of a great group of friendly people, don't miss this discussion. Class begins at 2:00 p.m. Enjoy light refreshments afterwards. Sign up at the front desk.

Wednesday, July 6

#### Name That Tune

Do you remember the famous game "Name That Tune"? Join us for an afternoon of challenging fun. Remember the good old days of great music, great entertainers & great dancing. Bring a friend & we might just practice our steps. Class begins at 2:00 p.m. Enjoy light refreshments. Sign up at the front desk now.

Monday, June 6 & July 11

#### Arthritis & Fibromyalgia Self Help Support Group

Effective communication is vital in dealing with everyday aspects of Arthritis & Fibromyalgia. Join us in this open forum setting to discuss the obstacles & ways to deal with these issues. The group meets from 1:00 p.m. to 2:00 p.m.

Thursday, June 9

#### Krafty Korner - Decorative Keepsake Boxes

Create a keepsake box to store those special somethings. Embellish your box with fabric, gems, paints & more. Class begins at 10:30 a.m. Supplies included. Members \$5 / Non-members \$7.

Thursday, July 14

#### Wooden Bird Feeders

Just in time for summer! Build and decorate your very own wooden bird feeder. Bring a hammer if you have one. Class begins at 9:30 a.m. Space is limited, so sign up now. Members \$5 / Non-members \$7.

#### Green Thumbs

Wednesday, June 22

#### Garden Tray

Join us to create the perfect tray to use for serving or put on display. Decoupage using beautiful fabrics, paints, or stencils. Space is limited. Sign up Wednesday, June 1. Class begins at 10:30 a.m. Members \$1 / Non-Members \$3.

Wednesday, July 20

#### Aroma Therapy

Various aromas can trigger certain memories in our mind as well as having therapeutic benefits. Don't miss this class where we will discover tranquility & relaxation by use of various aromas. Space is limited. Class begins at 10:30 a.m. Sign up begins on Friday, July 1. Members \$1 / Guests \$3

#### Book Review

Friday, June 24

#### "The Things We Do for Love" by Kristin Hannah

A poignant, evocative story that celebrates the magic of motherhood, the joys of coming home and the price we pay for love. Do not miss this incredible story. Class begins at 12:00 noon. Bring a friend to enjoy this book club.

Friday, July 29

#### "Out of Reach" by Patricia Lewin

Do not miss this beguiling story of a man and woman entering a battle against an unseen evil. This story is brilliantly told and will keep you turning the pages. Class begins at 12:00 noon. Bring a friend.

Mayor Steve Feren, Deputy Mayor Joseph A. Scuotto, Commissioners: Sheila D. Alu, Irwin Harlem, Donald K. Rosen

*The Senior Center will be closed  
Monday, July 4, in observance of Independence Day.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TRIP & TICKET POLICIES
9:00 a.m. - 10:30 a.m. <b>Sunrise Woodcarvers</b> <i>Arts &amp; Crafts Room</i>	9:00 a.m. - 11:00 a.m. <b>Senior Fitness</b> <i>Civic Center Athletic Club</i>	10:30 a.m. - 11:30 a.m. <b>Current Events</b> <i>Classroom</i>	9:00 a.m. - 11:00 a.m. <b>Senior Fitness</b> <i>Civic Center Athletic Club</i>	9:30 a.m. - 10:30 a.m. <b>Stretchersize &amp; Hand Weight Training</b> <i>Burgundy Room A</i>	<div>TURN THE PAGE FOR INFORMATION ON UPCOMING TRIPS!</div> <ul style="list-style-type: none"><li>• When purchasing tickets, please indicate the full name of your guest.</li><li>• When you are called about a food choice for a trip, you must return the call within 2-3 days, otherwise a choice will be made for you.</li><li>• No changes can be made 7 days prior to the trip or at the restaurants.</li><li>• Trips departing before 3:30 p.m. leave from the Civic Center east parking lot.</li><li>• If you purchase a ticket and later sell or give it to someone you must contact a Senior Center staff member to make a name change on our master roster.</li><li>• A Group Leader is available on most trips. In their absence, the Bus Driver will act as Group Leader. The Group Leader checks all participants in and assists in providing you with the best possible experience.</li><li>• Please occupy the same bus seat on the way to and from an event.</li><li>• Members MUST be present to purchase tickets. You may, however, buy a ticket for a member who resides in the same household as you, provided you present their I.D. card.</li><li>• You may purchase one additional ticket (at the higher guest price) for each member ticket purchased. Two tickets maximum per person.</li><li>• No tickets will be sold before the published sale date. Sales commence at 9:00 a.m.</li><li>• Current I.D. cards must be presented for any transaction.</li><li>• Non-members may purchase tickets, based on availability, at a later date. Check with the front desk for open sale dates.</li><li>• No membership renewals or new members will be accepted on the morning of ticket sales.</li><li>• Refund Policy: The City reserves the right to retain fees to cover expenses non-refundable to the City.</li></ul>
10:30 a.m. - 11:30 a.m. <b>Current Events</b> <i>Classroom</i>	9:30 a.m. - 11:00 a.m. <b>Open Computer Lab</b> <i>Classroom</i>	12:00 p.m. - 3:00 p.m. <b>Bridge (Open Play)</b> <i>Burgundy Room A</i>	9:30 a.m. - 11:00 a.m. <b>Bereavement Support Group</b> <i>Classroom</i>	1:00 p.m. - 2:30 p.m. <b>Bingo</b> <i>Burgundy Room B</i>	
1:00 p.m. - 3:00 p.m. <b>Open Craft Class</b> <i>Arts &amp; Crafts Room</i>	9:30 a.m. - 12:00 p.m. <b>Mah Jongg Class</b> <i>Burgundy Room B (Concludes June 28)</i>	1:30 p.m. - 3:30 p.m. <b>Intermediate Painting</b> <i>Arts &amp; Crafts Room (Concludes June 22)</i>	10:00 a.m. - 12:00 p.m. <b>Line Dancing</b> <i>Burgundy Room A</i>	1:30 p.m. - 3:30 p.m. <b>Beginners Painting</b> <i>Arts &amp; Crafts Room (Concludes June 24)</i>	
1:00 p.m. - 3:00 p.m. <b>Open Beading Class</b> <i>Burgundy B</i>	9:30 a.m. - 10:30 a.m. <b>Senior Aerobics</b> <i>Burgundy Room A</i>	2:30 p.m. - 4:00 p.m. <b>Singles Club</b> <i>Burgundy Room B</i>	1:00 p.m. - 3:00 p.m. <b>Gametime</b> <i>Burgundy Room B</i>		
<b>Monday Classic Movies</b>	12:00 p.m. - 12:30 p.m. <b>Hollywood Trivia</b> <i>Burgundy Room A (Concludes June 28)</i>	<b>Tuesday New Release Movies</b>	<b>IMPORTANT INFORMATION</b>		
<i>Enjoy classic movies at 12:30 p.m. in Burgundy Room</i>		<i>Enjoy new release movies at 12:30 p.m. in Burgundy Room A</i>	<b>Hollywood Trivia</b>		
June 6 <b>A Shot in the Dark</b> Peter Sellers, Elke Sommer	12:30 p.m. - 3:30 p.m. <b>Mah Jongg (Open Play)</b> <i>Burgundy Room B</i>	June 7- <b>Spanglish</b> Adam Sandler, Tea Leoni 2 Hrs, 10 Min (PG-13)	Lets go to the movies! Every Monday and Tuesday at noon, join us for “Hollywood Trivia”. We will be discussing the stars, the movie, the characters & much more. Do not miss the delicious fresh popcorn waiting just for you. Group meets weekly at 12:00 noon except for 6/27, all of July and 8/2.		
June 13 <b>The Magnificent Seven</b> Yul Brynner, Steve Mc Queen	1:00 p.m. - 3:00 p.m. <b>Beginners Computer Class</b> <i>Classroom (Concludes June 15)</i>	June 14- <b>Phantom of the Opera</b> Emmy Rossum, Gerard Butler 2 Hrs, 20 Min (PG-13)	<b>Singles Club</b>		
June 20 <b>The Apartment</b> Jack Lemmon, Shirley Maclaine	<b>SPECIAL EVENING HOURS</b> 6:00 p.m. - 9:00 p.m. <i>Open Game Room</i>	June 21- <b>In Good Company</b> Dennis Quaid, Scarlett Johansson 1 Hr, 50 Min	The Singles Club & the Friendship Connection are merging into one group specifically for singles. Our goal is to provide an opportunity for seniors to meet new people in a relaxing, comfortable atmosphere & enjoy weekly discussions. The group meets weekly on Wednesdays from 2:30 p.m. - 4:00 p.m.		
June 27 <b>Pretty Woman</b> Richard Gere, Julia Roberts	6:00 p.m. - 9:00 p.m. <b>Woodcarving</b> <i>Arts &amp; Crafts Room</i>	June 28- <b>Hotel Rwanda</b> Don Cheadle, Nick Nolte 2 Hr (PG-13)	<b>Mammovan</b>		
July 4 <b>No Movie</b>	6:30 p.m. - 8:30 p.m. <b>Beginners Computer Class</b> <i>Classroom (Concludes July 12)</i>	July 5- <b>Friday Night Lights</b> Billy Bob Thornton 2 Hr (PG-13)	Tuesday, June 14 & Tuesday, July 12 Make your appointment today for the mobile mammography unit. The exam fee is \$58.00 and they will accept insurance coverage for payment (no HMO's please). Call our Social Worker at (954) 746-3670 to make your appointment.		
July 11 <b>The Purple Plain</b> Gregory Peck	7:00 p.m. - 9:00 p.m. <b>Twilight Dance</b> <i>Burgundy Room A &amp; B (Concludes July 26)</i>	July 12- <b>A Love Song for Bobby Long</b> John Travolta, Scarlett Johansson 2 Hr (Rated R)			
July 18 <b>Forever Young</b> Mel Gibson	<b>Happy Independence Day!</b>	July 19- <b>National Treasure</b> Nicolas Cage 2 Hr, 10 Min (PG)			
July 25 <b>Mr Lucky</b> Cary Grant		July 26- <b>Meet the Fockers</b> Ben Stiller, Barbara Streisand 2 Hrs (R)			